

Nutrition Facts

Tomatillo Serving size (100g)

Amount Per Serving

Calories **30**

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% Daily Value*

Total Fat 1g 1%

Saturated Fat 0.14g 1%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 6g 2%

Dietary Fiber 2g 7%

Total Sugars 4g

Includes 0g Added Sugars 0%

Protein 1g 2%

Vitamin D 0mcg 0%

Calcium 7mg 0%

Iron 0.6mg 4%

Potassium 183mg 4%

Vitamin A 0%

Vitamin C 15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.