

Nutrition Facts

Soursop Serving size (100g)

Amount Per Serving

Calories **60**

www.ihcare.ae % Daily Value*

Total Fat 0g 0%

 Saturated Fat 0.1g 1%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 15mg 1%

Total Carbohydrate 17g 6%

 Dietary Fiber 3g 11%

 Total Sugars 14g

 Includes 0g Added Sugars 0%

Protein 1g 2%

Vitamin D 0mcg 0%

Calcium 13mg 0%

Iron 0.54mg 4%

Potassium 329mg 8%

Vitamin C 35%

Vitamin B6 4%

Magnesium 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.